What is Claimed:

1		1.	A method for treating contaminated soil and water comprising
2	the steps of:		
3		a) pre	paring a stable dispersion of zero-valent iron particles; and
4		b) app	olying said zero valent iron dispersion to said contaminated soil
5	and water.		
1		2. .	A method according to claim 1 including the preliminary steps
2	of:		
3		prepai	ring a suspension iron particles having a maximum size of 10 μm
4	in an aqueous solution containing a dispersant being one of block or graft copolymers		
5	containing both anchoring and stabilizing chains; and		
6		subjec	cting said suspension to a grinding or milling operation to
7	produce a solution containing said zero-valent iron particles.		
1		3	A method according to claim 2 including the step of using one
2	of sodium pol	ymetha	acrylate or ammonium polymethacrylate as a dispersant to
3	stabilize said colloidal containing zero valent iron particles.		
ی	Stabilize Sala	Conorde	a containing zero vaiche non paraicies.
1		4.	A composition for treating contaminants in soil or water
2	consisting of:		

a stabilized colloidal suspension of zero valent iron particles wherein 3 said zero valent iron particles have an average size less than 100 nanometers. 4 5. A composition according to claim 4 wherein said colloidal 1 suspension is stabilized by one of a block or graft copolymer containing both 2 anchoring and stabilizing chains. 3 6. A composition according to claim 5 including less than 1 to 2% 1 by weight of one of ammonium polymethacrylate and/or sodium polymethacrylate as 2 a stabilizer for said suspension. 3 7. A composition according to claim 4 wherein said suspension 1 includes up to 30% by wt iron particles. 2 8. A method for preparing a suspension of zero-valent iron 1 2 particles comprising the steps of: preparing a stabilized dispersant of iron particles having a size no 3 larger than 10 μ m; and \sim 4 grinding or milling said stabilized dispersant for a time sufficient to 5 reduce the size of the zero valent iron particles to a maximum size of 100 nm. 6 9. A method according to claim 8 including the step of introducing 1 one of a block or graft copolymer containing both anchoring and stabilizing chains 2

into said dispersant as a stabilizer.

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- 1 10. A method according to claim 9 including the step of introducing
 2 one of sodium polymethacrylate or ammonium polymethacrylate into said dispersant
 3 as said stabilizer.
- 1 11. A method according to claim 10 including the step of using from
- $_{2}$ $_{1}$ to 2% by weight of said ammonium polymethacrylate or said sodium
- 3 polymethacrylate to produce said stabilized dispersant.
- 1 12. A method according to claim 10 including the step of using up
 2 to 30% by weight iron particles.